



## Practice oriented course on 'Children: Nurturing an ecosystem for independence and self-discipline'

### Nurturing independence to lead to spontaneous self-discipline

In these times of the COVID 19 pandemic, we have seen consistent instances of the need for individuals to function with responsibility so that the entire community may benefit. All those countries that have handled this crisis well have been those that appealed to the people to behave responsibly while not imposing complete ultimatums. These times have also impelled us to think about creating a new reality where we realise the interconnectedness of all our actions. These situations offer us an insight into how fostering independent functioning and nurturing critical thinking among people would help in ensuring responsible behaviour. This is particularly true in the case of children who have had ample practice of independent thought and functioning from the very early years of life.

### This Practice oriented course will help you discover answers to questions including:

- ✓ How do learning environments make space for children to act with autonomy and what are the avenues for showcasing the natural human trait of discipline?
- ✓ What should educators and behaviour influencers keep in mind in creating these environments and what should their particular role be?
- ✓ The 2 webinars and accompanying course work will help us think along these lines and create unique solutions that suit our own circumstances.

### Time frame: June –July 2020

Dates: First Webinar: 24<sup>th</sup> June (Wednesday)

- ✓ Handouts will be given

2<sup>nd</sup> Webinar:

Post session assignments will be there

### Topics that will be covered:

1. Nurturing Independence to lead to spontaneous self-discipline
2. Role of the child in a family

### Certificate

On completion of attending the webinars, course assignments and readings a certificate will be issued.

### Profile of the Expert leading the webinar: Ms.Pavithra Rajagopalan



**Ms.Pavithra Rajagopalan** has worked with children for the last 19 years in formal, non-formal and informal settings. She is a Primary Auxiliary Trainer as certified by Association Montessori Internationale (AMI). After gaining her AMI Primary diploma In 2005, she worked in Montessori schools in India, the US and New Zealand. She has also worked to understand other systems and schools of thought in relation to child development. As part of her Training of Trainers programme, she trained under Ms.Zarin Malva in Bombay. She also participated in the AMI Asian Seminars held for trainers in training in Hyderabad. Pavithra is faculty at the Sir Ratan Tata Institute and helps on the courses in Bombay and Chandigarh in India. She conducted the first

Primary Assistants Course in Israel in November 2019. In addition, Pavithra works closely with the Gandhian Institution, Shanti Ashram in Coimbatore where she is involved in strengthening pioneering projects related to Early Childhood Education in vulnerable communities. She has also co-led Ethics Education training in India and Sri Lanka for children, young people and educators.



Shanti Ashram

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