



## You can be a public speaker ...!

Day: 15.07.2020

Time: 3.00pm to 4.40pm



### Communication and Public speaking:

Ralph Waldo Emerson said 'Speech is power; speech is to persuade to convert, to compel.'

Communication is the backbone of any society. It allows us to connect, influence decisions, and motivate change. Public speaking is one of the most important forms of communication. It is a soft skill that requires excellent communication skills, enthusiasm, and the ability to engage with audience. Presentations range from speaking to a small group to a large audience at a national conference or event. The same skill set and ability to speak comfortably in public are required regardless of the size of the group.

The art of public speaking comes into play not only in the delivery of speeches and public talks, but also in professional presentations, training events, and motivational sessions. For example teachers, trainers, managers, sales representatives all have a reason & often get opportunities to speak in front of others.

### Public speaking helps to progress the children in the following:

*Improved communication skills - Increased self-esteem - Planning experience - The power of persuasion*

Shanti Ashram, which works with around 75,000 children every year, has tried to bring out the hidden talents of children in many ways for the past 34 years. From summer camps to this COVID-19 initiative we have always done everything with children in our mind. As part of Art therapy from the effort is to help children develop interest in public speaking skill and encourage their participation.

Art therapy is an integrative mental health and human services methodology that enriches the lives of individuals, families, and communities through active arts, creative processes, applied psychological theory, and human experience within a psychotherapeutic relationship and impact.

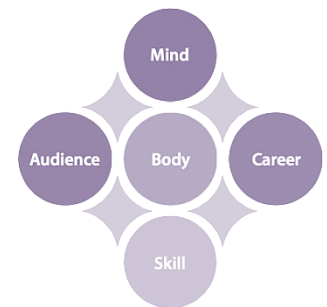


Hungary.

Resource person for this thoughtful session will be **Adarsh Sree Jagadeesh**, who is an aspiring Chartered Accountant and Fraud Detection professional. Has been involved with the Ashram as a volunteer since school days (starting from the year 2011). He is a keen observer and a good listener apart from the speaking skills in possession. His experience in public speaking includes being one of the Masters of Ceremony at Coimbatore Peace Festival and also has had an opportunity to speak in Genfest 2012 which was held in

### Program Agenda

2.50pm	Assembly time
3.00	Prayer
3.05	Introduction and welcome address Ms.Dhanyashree, Volunteer, Shanti Ashram
3.10	Public speaking skills
3-30	Our experiences in Public speaking Moderator: Mr.Siranjevi, Volunteer, Shanti Ashram Panelists: Ms.Kowsalya, Ms.Saswatha Surthi, Mr. Aakash,Ms.Shandiya, Mr.Aditya Narayanan, Mr. Mohammed Aarish: Volunteers of Shanti Ashram
4.15	Q & A
4.40pm	Conclusion



Shanti Ashram

Gandhian center for development, learning and collaboration