

# Session on Career guidance for Adolescents

For social, financial and emotional well-being

Date: 9<sup>th</sup> July 2020



## About career guidance

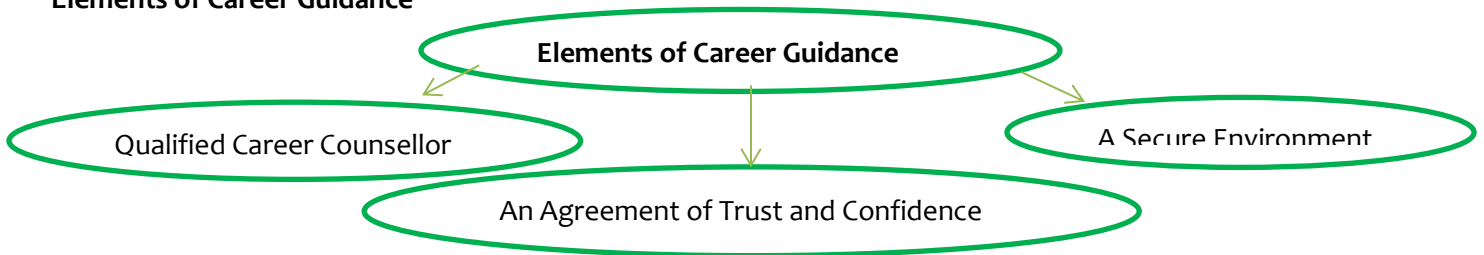
Career guidance can be defined as a comprehensive, developmental program designed to assist individuals in making and implementing informed educational and occupational choices. In simple words, it is a journey on which people develop to make mature and informed decisions. It is the act of guiding or showing the way; it is the act of seeking advice. Career guidance is the guidance given to individuals to help them acquire the knowledge, information, skills, and the experience necessary to identify career options, and narrow them down to make one career decision. This career decision then results in their social, financial and emotional well-being throughout their lives.

## Importance of career guidance program

Career education and guidance play an important role in curriculum that supports:

- Students' interests
- Students' strengths and aspirations
- Students' achievements
- Students at risk of poor outcome
- Students making informed decisions about their subject choices and pathways.

## Elements of Career Guidance



Every year, Shanti Ashram serves nearly 70,000 children in India. Effort is taken in each and every programme conducted by us to make it child centred. To ensure this and their active engagement, different kinds of child friendly methodologies and activities are used.

**Mahatma Gandhi rightly said 'Education is for life, through life and throughout life'** we believe that, Educational empowerment of vulnerable children is fundamental in ensuring their right to holistic development. During this Covid-19 pandemic, Shanti Ashram is engaging children and providing opportunity for them to learn leadership skills, art and personality development. Career guidance is playing a vital role in their future, so, Shanti Ashram is organizing this program for vulnerable adolescents in our service area.

## Programme

3.00 to 3.05pm	<b>Opening prayer:</b> Ms. Kousalya, Volunteer, Shanti Ashram
3.05 to 3.10	<b>Welcome:</b> Mr. R. Aakash, Volunteer, Shanti Ashram
3.10 to 3.15	<b>Context setting by</b> Mr. A. Aditya Narayanan, Volunteer, Shanti Ashram
3.15 to 3.20	<b>Introduction to the Resource person</b> Mr.G.Vijayaragavan, Head, Youth Leadership Programme
3.20to 4.00	Session on ' <b>Career guidance for Adoloscents'</b> Dr. B. Arokia Lawrence Vijay Assistant Professor. SRG, Kumaraguru College of Technology
4.00 to 4.30	<b>Q &amp; A</b>
4.30pm	<b>Conclusion &amp;, Wrap up</b> Dr.Kezevino Aram, President, Shanti Ashram