

**Shanti Ashram's Mahatma Gandhi Institute for Peace, Leadership and Development -  
Industrial labour Welfare Association (ILWA) Joint Partnership**

~~~~~  
**TRANSFORM+**  
*Presents a global standard course for Young People*

**ON TRANSFORMATIONAL LEADERSHIP, PEACE BUILDING AND VOLUNTEERING FOR AN INCLUSIVE COMMUNITY**

**Venue: Shanti Ashram**

**Date: 21<sup>st</sup> January 2026**

# *Talisman*

*"I will give you a talisman.*

*Whenever you are in doubt, or when the self becomes too much with you, apply the following test. Recall the face of the poorest and the weakest man [woman] whom you may have seen, and ask yourself, if the step you contemplate is going to be of any use to him [her].*

*Will he gain anything by it?*

*Will it restore him to a control over his own life and destiny?*

*In other words, will it lead to swaraj [freedom] for the hungry and spiritually starving millions?*

*Then you will find your doubts and yourself melt away."*

*mkgandhi*

**Source: Mahatma Gandhi - The Last Phase, Vol. II (1958), p.65**



# TRANSFORM+

*Presents a global standard course for Young People*

ON TRANSFORMATIONAL LEADERSHIP, PEACE BUILDING AND VOLUNTEERING FOR AN INCLUSIVE COMMUNITY

Venue: Shanti Ashram

Date: 21st January 2026

## FOR EVERY VOLUNTEER

Goals of the preparatory course is to introduce the following dimensions:

- **Deepen Understanding on Volunteering, how it adds transformational leadership skills and helps build inclusive societies.** The Shanti Ashram case study including her mission, policies and on-ground impact will form the foundation for realizing this goal.
- **Immersive Learning in Community Development:** 20% of the course time will be dedicated to immersive learning in five diverse development interventions focused on women & children and ensuring inclusive development.
- **Praxis Intersection Opportunities:** Course participants will be empowered with a set of praxis tools for learning, volunteering and growth both professional & personal.
- **An expanded view on social responsibility partnerships that includes the 'I' & the 'We':** To develop partnerships with people & institutions with different outlook and experiences. Introduction to the learning cycle and the human side of building partnerships will be key components in achieving this goal.
- **Self-Discovery for sustainable happiness and community service:** Opportunities for interaction with Shanti Ashram's dedicated staff & volunteers will inform this goal and its unfolding. Discovering personal talent & follow-up opportunities for volunteering, seeking mentoring support, shadowing other volunteers, furthering learning through structured courses and to helping develop new skills will frame the expected outcome of this goal.



**TRANSFORM+**  
*Presents a global standard course for Young People*

**ON TRANSFORMATIONAL LEADERSHIP, PEACE BUILDING AND VOLUNTEERING FOR AN INCLUSIVE COMMUNITY**

**Venue: Shanti Ashram**

**Date: 21<sup>st</sup> January 2026**

**Course Agenda**

| <b>Time</b>                                           | <b>Programme</b>                                                                                                                                                                                                                                                                                       | <b>Facilitator</b>                                                                                                                            |
|-------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| 10.00am                                               | Registration and Interfaith Prayer                                                                                                                                                                                                                                                                     | Ms.Sabana & Ms.Bagyamary                                                                                                                      |
| 10.15am – 10.30 am<br>@ Aram Arangam                  | Welcome & Objectives of the programme                                                                                                                                                                                                                                                                  | Dr.Seetha & Ms.Monica Cristina                                                                                                                |
| 10.30am – 11.00am<br>@ Seminar Hall &<br>Aram Arangam | <b>Session 1: Discovering ‘Transformational Leadership’</b><br><b>Activity 1:</b> Transformational Leadership: A visualize it yourself form!                                                                                                                                                           | Ms.Monica Cristina<br>Focal Lead, MGIPLD<br>&<br>Dr.Seetha,<br>Academic Lead, MGIPLD                                                          |
| 11.00am – 11.15am                                     | Tea-Time                                                                                                                                                                                                                                                                                               |                                                                                                                                               |
| 11.15am – 12.00pm<br>@ Seminar Hall &<br>Aram Arangam | <b>Session 2: Introduction to ‘Child rights’ &amp; Learning Process</b><br>– the beauty of deep learning & moving from motivation to ACTION<br><b>Activity 2:</b> Ball in the Air                                                                                                                      | Mr.Vijayaragavan Gopal,<br>Head, YLP<br>&<br>Ms.Monica Cristina<br>Focal Lead, MGIPLD                                                         |
| 12.00pm – 01.00 pm<br>@ Aram Arangam                  | <b>Activity 3 :</b> A little note to myself<br><b>Session 3: Deepen Understanding on Volunteering and an expanded view on “I” AND “WE”</b>                                                                                                                                                             | Dr.Kezevino Aram,<br>President, Shanti Ashram                                                                                                 |
| 01.00pm – 01.30pm                                     | <b>Lunch Break</b>                                                                                                                                                                                                                                                                                     |                                                                                                                                               |
| 01.30pm – 02.45pm                                     | <b>Praxis 1: Immersive learning through Field visits</b> <ul style="list-style-type: none"> <li>• Public Distribution System</li> <li>• Bala Shanti Kendra</li> <li>Vasantham Nagar</li> <li>Sugunapuram</li> <li>• ICPH: Comprehensive Health Check-up</li> <li>• Cleaner Perur Initiative</li> </ul> | Ms.Sumana & Ms.Monica Cristina<br><br>Ms.Jeeva & Ms.Sabana<br><br>Ms.Tamizhvani & Ms.Bagavathi<br><br>Dr.Subhadra Iyengar<br><br>Ms.Bagyamary |
| 02.45pm – 03.30pm<br>@ Aram Arangam                   | <b>Session 4: How to prepare an ACTION PLAN?</b><br><b>Activity 4:</b> A GANDHI record: My volunteering goal                                                                                                                                                                                           | Dr.S.R.Subramanian,<br>Member, Senior Management Team                                                                                         |
| 03.30pm – 04.00pm<br>@ Seminar Hall                   | <b>Activity 5: Reflections &amp; Learning logs</b><br>Mapping of Experiences                                                                                                                                                                                                                           | Dr.Seetha,<br>Academic Lead, MGIPLD                                                                                                           |
| 04.00pm to 04.30pm<br>@ Aram Arangam                  | <b>Graduation Ceremony</b><br><b>Group Photo &amp; Next Steps</b>                                                                                                                                                                                                                                      |                                                                                                                                               |