

Shanti Ashram's Mahatma Gandhi Institute for Peace, Leadership and Development -
Industrial labour Welfare Association (ILWA) Joint Partnership



TRANSFORM+

Presents a global standard course for Young People

ON TRANSFORMATIONAL LEADERSHIP, PEACE BUILDING AND VOLUNTEERING FOR AN INCLUSIVE COMMUNITY

Venue: Shanti Ashram

Date: 21st January 2026

Talisman

"I will give you a talisman.

Whenever you are in doubt, or when the self becomes too much with you, apply the following test. Recall the face of the poorest and the weakest man [woman] whom you may have seen, and ask yourself, if the step you contemplate is going to be of any use to him [her].

Will he gain anything by it?

Will it restore him to a control over his own life and destiny?

In other words, will it lead to swaraj [freedom] for the hungry and spiritually starving millions?

Then you will find your doubts and yourself melt away."

M Gandhi

Source: Mahatma Gandhi - The Last Phase, Vol. II (1958), p.65



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FOR EVERY VOLUNTEER

Goals of the preparatory course is to introduce the following dimensions:

- **Deepen Understanding on Volunteering, how it adds transformational leadership skills and helps build inclusive societies.** The Shanti Ashram case study including her mission, policies and on-ground impact will form the foundation for realizing this goal.
- **Immersive Learning in Community Development:** 20% of the course time will be dedicated to immersive learning in five diverse development interventions focused on women & children and ensuring inclusive development.
- **Praxis Intersection Opportunities:** Course participants will be empowered with a set of praxis tools for learning, volunteering and growth both professional & personal.
- **An expanded view on social responsibility partnerships that includes the 'I' & the 'We':** To develop partnerships with people & institutions with different outlook and experiences. Introduction to the learning cycle and the human side of building partnerships will be key components in achieving this goal.
- **Self-Discovery for sustainable happiness and community service:** Opportunities for interaction with Shanti Ashram's dedicated staff & volunteers will inform this goal and its unfolding. Discovering personal talent & follow-up opportunities for volunteering, seeking mentoring support, shadowing other volunteers, furthering learning through structured courses and to helping develop new skills will frame the expected outcome of this goal.



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Course Agenda

Time	Programme	Facilitator
10.00am	Registration and Interfaith Prayer	Ms.Sabana & Ms.Bagyamary
10.15am – 10.30 am @ Aram Arangam	Welcome & Objectives of the programme	Dr.Seetha & Ms.Monica Cristina
10.30am – 11.00am @ Seminar Hall & Aram Arangam	Session 1: Discovering 'Transformational Leadership' Activity 1: Transformational Leadership: A visualize it yourself form!	Ms.Monica Cristina Focal Lead, MGIPLD & Dr.Seetha, Academic Lead, MGIPLD
11.00am – 11.15am	Tea-Time	
11.15am – 12.00pm @ Seminar Hall & Aram Arangam	Session 2: Introduction to 'Child rights' & Learning Process – the beauty of deep learning & moving from motivation to ACTION Activity 2: Ball in the Air	Mr.Vijayaragavan Gopal, Head, YLP & Ms.Monica Cristina Focal Lead, MGIPLD
12.00pm – 01.00 pm @ Aram Arangam	Activity 3 : A little note to myself Session 3: Deepen Understanding on Volunteering and an expanded view on "I" AND "WE"	Dr.Kezevino Aram, President, Shanti Ashram
01.00pm – 01.30pm	Lunch Break	
01.30pm – 02.45pm	Praxis 1: Immersive learning through Field visits <ul style="list-style-type: none">• Public Distribution System• Bala Shanti Kendra Vasantham Nagar Sugunapuram• ICPH: Comprehensive Health Check-up• Cleaner Perur Initiative	Ms.Sumana & Ms.Monica Cristina Ms.Jeeva & Ms.Sabana Ms.Tamizhvani & Ms.Bagavathi Dr.Subhadra Iyengar Ms.Bagyamary
02.45pm – 03.30pm @ Aram Arangam	Session 4: How to prepare an ACTION PLAN? Activity 4: A GANDHI record: My volunteering goal	Dr.S.R.Subramanian, Member, Senior Management Team
03.30pm – 04.00pm @ Seminar Hall	Activity 5: Reflections & Learning logs Mapping of Experiences	Dr.Seetha, Academic Lead, MGIPLD
04.00pm to 04.30pm @ Aram Arangam	Graduation Ceremony Group Photo & Next Steps	