



Session 9

Meet The Expert

Dr.Porpavai Kasiannan, MBBS, DPM, MD (Psych),

Will be the expert leading a session on

How can health care, education and counseling improve mental wellbeing amongst children?

Wednesday 3rd June 2020

between 02.00 -03.00pm @ Shanti Ashram

Worldwide 10-20% of children and adolescents experience mental disorders. Half of all mental illnesses begin by the age of 14 and three-quarters by mid-20s. Neuropsychiatric conditions are the leading cause of disability in young people in all regions. If untreated, these conditions severely influence children's development, their educational attainments and their potential to live fulfilling and productive lives. Children with mental disorders face major challenges with stigma, isolation and discrimination, as well as lack of access to health care and education facilities, in violation of their fundamental human rights states WHO.

The International Center for Child and Public Health shares WHO's mandate and advance its 2nd programme goal to provide comprehensive, integrated and responsive mental health and social care services in community-based settings for early recognition and evidence-based management of childhood mental disorders. A series of community centered interventions, talks by experts, papers and field research forms part of the ICPH 2020 action agenda.

Profile of the speaker:



She is a child, adolescent and family psychiatrist with more than twenty years of experience in the field. After completing MBBS at Coimbatore Medical College she studied Diploma in Psychological Medicine and MD in Psychiatry at Christian Medical College, Vellore. She furthered her interests in child and adolescent psychiatry at Melbourne, Australia and received the Fellowship at the Royal Australian and New Zealand College of Psychiatrists in 2000. She has worked in India, Australia and the UK. She currently works as a senior consultant child psychiatrist at the Royal Children's Hospital, Melbourne.

With the aim of extending the benefits of her experience to her native place, Dr Porpavai started the NGO, Pathways Foundation at Coimbatore in December 2014. Pathways or Padhaigal is a non-governmental, secular, not-for-profit service committed to promoting emotional health and well-being in children, youth and families. Dr Porpavai has been conducting workshops for parents for a number of years to improve their skills in managing the ever increasing challenges they face in raising children in the twenty first century.

Dr.Porpavai is passionate about her work and is dedicated to informing parents, teachers and professionals about the changes that can be done to improve the quality of life for our children and youth. She has been associated with Shanti Ashram & the International Center for Child and Public Health since 2016.

Programme:

2.00 pm to 2.05	Context setting: Dr.Kezevino Aram, President, Shanti Ashram
2.05 to 2.10	Introduction of the speaker: Dr.Subhadra Iyengar, Public Health Desk, ICPH
2.10 to 2.40	How can health care, education and counseling improve mental wellbeing amongst Children?
	Dr.Porpavai Kasiannan, Founder & Director of Pathways Foundation
2.40 to 2.55	Q & A
2.55 to 3.00 pm	Wrap up