



Health and Hygiene Session for Adolescents during COVID -19 Pandemic and beyond

Date: 6th July 2020

Time: 03.30pm to 04.30pm

Venue: Via Zoom @ICPH

The World Health Organisation (WHO) defines hygiene as ‘the conditions and practices that help to maintain health and prevent the spread of diseases’. Hygiene education includes all activities aimed at raising awareness and conveying knowledge of the links between hygiene practices and health.

The International Center for Child and Public health is working actively with children to create awareness about personal hygiene and health during the COVID 19 Pandemic. Children and families from over 50 villages served by Shanti Ashram will benefit from this health education outreach.

ICPH is an innovative model of integrating primary care with public Health, where the best of global knowledge steers our comprehensive interventions for children.

Programme

- 03.30pm **Context Setting**
Mr.Vijayaragavan, Head, Youth Leadership Programme
- 03.35pm **Personal Hygiene and Healthy Practices**
Ms.Ranisha, Nutrition counselor, ICPH
- 03.45pm **How to Protect during COVID-19 pandemic and beyond**
Dr.Subhadra Iyengar, Coordinator, Public health desk
- 04.00pm **Q&A**
- 04.30pm **Wrap Up**

