



## Community Based Care for the Elderly from Vulnerable Rural Communities

### CELEBRATING DEEPAVALI WITH OUR ELDERS

Venue: Aram Arangam, Shanti Ashram

Date: 24.10.2019

Shanti Ashram's ICPH has been organizing monthly 'support group' meet to serve between 80-100 vulnerable elder women between 65 and 90 years of age from our service villages for the past 10 years. In addition to the above, ICPH also formed partnership with Geriatric Department of PSG hospitals to provide quality health care.

#### Focus of care of the elderly initiative in 2019-20 includes:

- A. Observation of 'International Day of the Elders'
- B. Bimonthly Geriatric Clinic
- C. Physiotherapy Intervention
- D. Medicines from People's Pharmacy
- E. Nutrition counseling and distribution of nutritious diet
- F. Food grains from Food Bank
- G. Celebration of festivals: Deepavali

#### Programme:

- 10.30 a.m **Registration** by Ms.Devika, Medical Technology Coordinator, ICPH
- 11.00 a.m **Interfaith Prayer:** Ms.Bhagya Marry, Ms.Lillypushpam, Ms.Monica, Ms. Ranisha
- 11.05 a.m **Welcome** by Ms.Tamilarasi, Team leader, Community outreach, ICPH
- 11.10 a.m **Deepavali: Festival of Lights**
- 11.20 a.m **Focus of this initiative includes:**
- **Remembering Ms.Minoti Aram:**  
Dr.S.R.Subrahmanian, Head Sustainable, Shanti Ashram
  - **Special Address;**  
Dr.Subhadra Iyengar, Coordinator, Public Health desk, ICPH  
Dr.Jayanthi Ramesh, Chief Peadiatrician, Primary Care, ICPH  
Rtn.Kamalahasan Ramaswamy, President, Rotary Club of Coimbatore Heritage Representative, Rotary Club of Kovaipudur
- 11.35 p.m **Thanks giving led by**  
**Smt.Karunambal Vanavarayar, President, Mangayarkkarasiyar Araneri Arakkattalai**  
Mr.Vijayaraghavan, Head, Youth Leadership Programme  
Ms.Deepa Lakshmi, Head, Bala Shanti Kendra
- 11.45 p.m **Anbe deivam:** Dr.Kezevino Aram, President Shanti Ashram
- 01.00 p.m **Community Lunch**



Shanti Ashram

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AND PUBLIC HEALTH

30th year initiative of Shanti Ashram

**Caring for the Elderly is a priority at Shanti Ashram.** Together, with the three programme divisions of Shanti Ashram the Bala Shanti Programme, the Sustainable Development programme and the Youth Leadership programme - the International Center for Child and Public Health always has served the elders, especially the most vulnerable socially and economically.

**We are grateful to our thoughtful and generous donors without whom Deepavaali Celebrations 2019 would not have been possible:**

**Individual Donors**

1. Mr.Abdul Hakim, Jamat Islam hind, Coimbatore
2. Dr.Jayanthi Ramesh, Chief Pediatrician, International Center for Child and Public Health
3. Dr.Jeyashree Ashwath, Pediatrician, Coimbatore
4. Ms.Meera Sivakumar
5. Mr.Sekar, Finance Section, International Center for Child and Public Health

**Institutional Donors**

6. Day To Day
7. Food bank , Shanti Ashram
8. Rotarian. Kamalahasan Ramaswamy, President, Rotary Club of Coimbatore Heritage
9. Rotary Club of Kovaipudur
10. Micro labs Limited
11. Mr.Nalin Kumar, City Farma
12. Sakthi group

**This year's Gift Hamper has:**

- a. Bedsheets
- b. Special daily use hamper from Sakthi group
- c. Medicines from People's Pharmacy
- d. Lunch and Sweet Packet
- e. Food grains from Food Bank

**We acknowledge all our donors and partners**



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