

Nurturing values & spirituality to prevent violence amongst children : the Indian philosophical approach

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Objective of the discussion

Focus on:

Prevention of violence

amongst children :

the Indian philosophical approach.

The Indian philosophical approach

- Spiritual framework
- Wisdom directed approach
- Self exploration & Social upliftment
- Peace within
- Peace in the outside world

Application of Indian philosophy: Resolving problems

Problem: Growing violence amongst children

Required: Prevention of violence

Focus : From Indian philosophical society

Problem: Growing violence amongst children

Children:

Happy ,curious & full of enthusiasm

Keen to learn .

Disturbed children: Many in the world

Unhappy, indifferent & not proactive

Most often indulge in *violence*

Learning hampered

Possibility of becoming maladjusted person

Locating Violence....Indian approach Himsa...

- Focus on violence amongst children at the :
- Physical level
- Mental level
- Emotional level
- Social level
- Beyond.

Indian thought ...locating violence

1. **Indian Philosophy :Matter –Spirit focus**

Ignorance

Inner enemies....leading to violence

2. **Locating : Disharmony –orienting harmony**

a. Theory of Purusarthas]

b. Philosophy of Samkhya

c. Philosophy of Yoga

d. Other thinkers

3. Locating dimensions of violence

Human personality: composition

Personality type : Three Gunas

Empowering children :

- Focus : Nurturing Ahimsa ...Non-violence
- Integrating Non violence in curriculum
- Everyday living
- Positive films
- Activity
- Introspection
- Involvement
- HELPING THEM TO LOVE THEMSELVES AND LOVE OTHERS

EMPOWERING ADULTS: EMPOWERING CHILDREN:

AHIMSA WAY....Emerging models based on Indian philosophy

[1] Family : Praying together...being happy

[2] Education system :Loving to learn

[3] Peers: Loving to respect the other

[4] Society :Loving to co-exist

[5] Media : Loving to grow

[6]Other : Loving in all possible ways

Non violence in thought...

A. Contribution of great Indian thinkers

[1] Swami Vivekananda

e.g. Each Soul is potentially Divine

(Swami Vivekananda)

[2] Mahatma Gandhi

e.g. Be the Change

(My Experiments with Truth)

[3] Sri Aurobindo

e.g. Divine purpose in everything.

B. Stories : Ancient Indian literature

C. Indian music

D. Dances in India

E. Experiments in the world

Development of curriculum on Non violence

Empowering parents

Empowering educators

Empowering children

Empowering media

Mass movement....

- Peace within
- To establish peace outside
- Review...Relook...Refine...

Be the change

- Now....
- Think & Act

Role of Ethics in Empowerment

- Be good
- Do good
- Spread kindness and love
- Focus on theory of Purusarthas...Dharma directed thoughts and actions

- Let us pray for peace everywhere
- Let us move everyday towards non –violence
- Let us be
- And let others to just be....especially children

Thank you GOD!!!